



CESAR CHAVEZ FOUNDATION

K - 5th



HEART & MIND Ethnic Studies Curricula

HEART & MIND is an engaging, culturally affirming literacy and social studies curriculum for grades K - 5th designed to promote language, literacy and social emotional development. Students explore themes aligned to the core values of civil rights leader Cesar Chavez through lessons centered around read-alouds of culturally relevant children's literature.

Curriculum Goals



Strengthen literacy and language development skills



Practice social emotional skills



Learn through culturally relevant stories



Themes / Sample Books

Theme #1	Theme #2	Theme #3	Sample Books
Determination 	Acceptance 	Community 	

Curriculum Overview

25 Lessons	45 min. Lessons	2 hr training	Ongoing Support
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Create a community of Sí Se Puede Learners!

For more information, please contact:
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